

Information
Brochure



Progress Lodge
Empowered Community Support

Progress Lodge Outreach and Respite Services

Empowered Community Support

21 Stopford Road
Plaistow
E13 0LY

Our approach



Whether you want support to access education, employment or need someone to guide you on money management and shopping, we can help you at your doorstep.

Progress Lodge has experience providing **24 hours support**, for people with learning disabilities and mental health problems **since 2009**.

We pride ourselves in providing bespoke specialist services tailored to suit people with

- **Learning Disability and Autistic Spectrum including communication and/or sensory impairments**
- **Mental Health problems**

We are passionate about empowering people to make their own informed choices, enabling them to live independently in the wider community with dignity.

Our bespoke care packages focus on the individual needs and desires of those who need our support. We can support to develop a range of life skills by encouraging active participation as fully as possible in the wider community.

You are at the centre of everything we do. Each person we support, works with a keyworker who helps them learn living skills as part of the daily activities including:

- **Budgeting money**
- **Shopping**
- **Attending appointments**
- **Attending college or employment**
- **Cooking**
- **Learning a skill or developing an interest you may already have.**

We also provide **respite services** to allow a much-needed break to the main carers and families.

For all other information please get in touch.

info@progresslodge.co.uk

or call us on 02035603240

