

Information
Brochure



Progress Lodge
Empowered Community Support

Progress Lodge Supported Living Services

Empowered Community Support

21 Stopford Road
Plaistow
E13 0LY

Our approach

Progress Lodge provides small, family type homes, with up to **24 hours support**, for people with learning disabilities and mental health problems **since 2009**.

We pride ourselves in providing bespoke specialist services tailored to suit people with

- Challenging behaviour
- Learning Disability and Autistic Spectrum including communication and/or sensory impairments
- Mental Health problems

We also provide **respite services** to allow a much-needed break to the main carers and families.

We are passionate about empowering people to make their own informed choices, enabling them to live independently in the wider community with dignity.

Our bespoke care packages focus on the individual needs and desires of our residents. Progress Lodge is committed to enhancing the quality of life for people whose behaviour is considered challenging by the wider society. We support our residents to develop a range of life skills by encouraging them to actively participate in the home and its structured programme of activities. Each resident is encouraged to participate as fully as possible to identify their needs and design their own care plans.

We aim to enable our residents to:

- Live self-sufficiently within a community
- Achieve security and stability
- Attain confidence and self-esteem

To achieve this, we have created safe and comfortable homes where each resident works with a keyworker who helps them learn living skills as part of the daily activities including but not limited to:

- Budgeting money
- Shopping
- Cooking
- Good personal hygiene
- Opportunities to voice their opinions and make individual choices.

Availability - Stopford Road

A bright and airy, double-storey terraced house with a capacity to accommodate 5 residents in Plaistow, London. The house is situated in a predominately residential area and is very close to local amenities and public transport. Supported Living accommodation and respite services are available at this site.

Features – Communal garden, Large kitchen, 2 bathrooms including a walk in shower room, close to amenities.

Available – 1 large room in the first floor and 1 large room in the ground floor

For **supported living placement** and **respite placement** enquiries, viewing, discussions please get in touch today, our friendly staff will be happy to help.

Call us on **020 3560 3240**

Email us at info@progresslodge.co.uk

Visit us on www.progresslodge.co.uk

